

## EQF/MQF LEVEL 3

# Award in Healthcare

LW/HSC/001

### COURSE DESCRIPTION

This Award has been designed to provide a comprehensive core programme of learning and assessment for health and care workers, in a range of settings. It is aimed at providing the learner with the general knowledge, skills, ability, competences and core values required to work in the caring profession. On successful completion, students will have to deliver the highest standards of service.

The programme also provides students with a sound knowledge on how to approach their work and deliver effective and safe services.

### LEARNING OUTCOMES

By the end of the course programme, students will be able to:

- Develop self-knowledge and professional practice.
- Understand the rights, responsibilities and protection in care.
- Identify a number of approaches in person-centred care which assists in the overall well-being of the individual.
- The acquired knowledge will enable the student to communicate effectively both in verbal and written formats.
- Apply person centred care and help the individual lead a meaningful and fulfilled life with dignity.
- Support individuals and their well-being in care.
- Apply health and safety principles in practice.
- Effectively support and care for an individual living in the community or residential care setting.
- Manage and monitor a plan of treatment and/or care and contribute towards its' implementation.
- Develop ability to recognise and reflect on personal learning and improve their professional skills.

### TARGET CANDIDATES

This course is aimed at those wishing to enter the caring profession and obtain formal knowledge and a qualification in health care. This course is a requirement for those aspiring to start a career as care-workers.

**DURATION** 3 months

**CREDIT VALUE** 12 ECTS/ECVET

**MODE OF TRAINING** Lectures and practice

**ASSESSMENT** Assignments

**AWARDING BODY** Learning Works

### LECTURERS

Mr Holger Suarez  
Ms Daniela Carabott Pawley  
Ms Rosette Farrugia Bonello  
Ms Antoinette Shah  
Dr Alexei Sammut  
Ms Jessica Bugeja  
Ms Maria Sapiano  
Ms Sharon Balzan

### COURSE STRUCTURE

#### MODULE 1: DEVELOPING PROFESSIONAL KNOWLEDGE & PRACTICE IN A CARE SETTING (2 ECTS)

The aim of this unit, is to enable learners in identifying their own role in relation to duties, responsibilities to the employer and other members of the healthcare team.

Focusing on professional knowledge, this module will also cover how the learners can develop their own practices as healthcare workers.

**Contact Hours: 60**

**Placement Hours: 40**

**Self Study Hours: 140**

**Assessment Hours: 60**

**Total Learning Hours: 300**

### **MODULE 2: RIGHTS, RESPONSIBILITIES AND PROTECTION IN CARE (2 ECTS)**

This unit aims at providing learners with an understanding of the importance of values that are core to care practice: respect, rights, diversity, equality, inclusion and prevention of abuse in promoting an individual's right to dignity.

The unit continues to support the learner in defining and delivering the importance of rights, dignity and inclusive practice in supporting the care, protection and well-being of the individual. Learners will investigate their own values and beliefs and potential effects on care delivery and professional practice.

### **MODULE 3: COMMUNICATION AND DOCUMENTATION FOR CARE (2 ECTS)**

The focus of this unit is on communicating effectively, working collaboratively and documenting and sharing information with and about individuals in a health care setting.

### **MODULE 4: UNDERSTANDING HEALTH AND SAFETY FOR CARE (2 ECTS)**

This unit is concerned with providing learners with an understanding of the legal and workplace standards for health and safety. This unit develops learners, knowledge relating to the awareness of hazards and risks in the workplace as well as encourages good health and safety practices.

### **MODULE 5: SUPPORTING INDIVIDUALS TO MEET DAILY LIVING NEEDS (2 ECTS)**

The focus of this unit is to give learners the opportunity to broaden their understanding and knowledge of how to support individuals to meet the needs to live and the support required to live as independently as possible.

### **MODULE 6: SUPPORTING PHYSICAL AND EMOTIONAL WELL-BEING OF INDIVIDUALS (2 ECTS)**

The focus of this unit is to provide learners with the opportunity to understand how the person-centred approach aids and assists the individual's physical and mental well-being

Following on from the previous unit, this unit focuses on the factors which lead to pain, discomfort, distress and how individuals express these feelings.

Learners are taught how to help individuals with pain together with methods and approaches to promote rest and sleep.

### **ENTRY REQUIREMENTS**

- Age 16+
- High School Leaving Certificate
- Be able to communicate both orally and in written format in the English Language
- Hold a clean Police Conduct Certificate

### **FUNDING**

Applicants may get up to 70% of the fee back through the Get Qualified Scheme.

### **PART-TIME**

Lectures are held twice a week in the afternoon on a part-time basis.